# <u>CURRICULUM VITAE</u> Dr. Shubha Sadanand Thatte.

Date of Birth: 27<sup>th</sup> November 1941.

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#### **QUALIFICATIONS:**

• Doctorate in clinical psychology from the University of Mumbai in September 1982. Title of the theses 'Attentional deficits in psychiatric disorders in relation to arousal and pathology level.'

- Completed advanced Behavior Therapy and Biofeedback course at NIMHANS Bangalore during June 1982 and had set up a behavioral therapy unit at K.E.M. Hospital, Bombay since then.
- Had training in Rational Emotive Therapy from Prof. Kishore Phadke, Training Supervisor of Institute of Rational living, New York, and has been conducting training courses in RET for Social Workers, Medical Graduates, Industrial Executives and Workers and Lay People.

#### **CLINICAL EXPERIENCE:**

- Was working as Clinical Psychologist in Seth G.S. Medical College and K.E.M. Hospital since January 1972, opted for voluntary retirement from 1<sup>st</sup> October 1994. Consultation practice since then at Dadar and Thane till 1999 & at Thane till todate.
- Was working as a visiting Clinical Psychologist in P.D. Hinduja Hospital for one year during Oct. 94 Oct.95.
- Was a Senior Research Fellow of University Grants Commission on the project 'Treatment Resistant Schizophrenia. Causation and Intervention Strategies', during Jan 1997 2000.
- Had been Instrumental in starting the following institutions for Mentally Retarded and has been on the Advisory Board of the same 1) Astitva, Dombivli. 2) Asha Niketan, HAL Township, Ojhar, Nasik.3) Vishwas, Thane. 4) A sheltered workshop for the Mentally Retarded Adults, Kothrud, Pune.
- Has been a **Founder member and trustee of the Institute for Psychological Health (IPH)-( www.healthymind.org)** And actively involved in planning and executing IPH projects & supervising the clinical staff since 1994 till todate. Conducting refresher courses for Psychiatrists, Clinical Psychologists & other professionals since 1995

#### **TEACHING EXPERIENCE:**

- Post graduate teacher in Clinical Psychology in the University of Mumbai for M.A., M. Phil.,(Clinical Psychology), M.D. and D.P.M. (Psychological Medicine), M.Sc. (Nursing) and M.Sc.(Occupational Therapy) students since 1979.
- Appointed Ph.D. and M. Phil. Guide since August 1986 and an External Examiner for Ph.D. Students at S.N.D.T. University and Tata Institute of Social Sciences, Bombay.
- Six students have received their Ph.D. degrees; one student from TISS has submitted her synopsis and 5 students have received their M. Phil. Degrees.
- Ph.D. guide for Yeshwantrao Chavan Maharashtra Open University.
- Lectures in Counselling & Psychology for Nursing students at Wockhardt Hospital in 2008 & 2009.

#### **ACHIVEMENTS:**

- Has received 4 awards for the 'Best Scientific Paper' at the Zonal Psychiatry Conferences and one at the National Psychiatry Conference.
- Has presented a paper on invitation at an International Conference on Personality Assessment at Belgium in July 1987. Has more than 30 publications in National and International journals to her credit and has experience of working on the Research projects of the prestigious institutions such as Indian Council of Medical Research and National Institute of Mental Health, Washington.
- Was awarded `Woman of the year 'award in 2007 for her significant contribution in the field of Mental Health by Working Womens' International.

### **Present Assignments:**

- Working on a project called `SAGE `Satisfied aging collecting data ( a detailed 15 pages proforma covering emotional adjustment , fears about aging , hobbies & leisure time activities etc. & a cognitive assessment ( MOCA ) volunteers who were trained to collect this data have collected data on 460 < 60 yrs. Old persons from different backgrounds & socioeconomic strata which is being into computer . Fall out will be a book on this subject & an evidence based training module for people > 50 who can plan change in their attitude & life style.
- Completed evaluation of a 20 sessions module for PWPs (Persons with Parkinson's disease & their caregivers) to be used all over Maharashtra by lay people. (Project assigned to us by PDMDS, Bombay Hospital Research Society, Parkinson's Disease & Movement Disorders Society)

•	Participant in Data collection for Pearsons on standardization of WISC IV test .			

Name: Ms. Mamata Mahajan.

Address: C/ 44, Balsunder Society, Near Raymond Showroom, M. G. Road. Naupada, Thane, 400602.

Cell no. 99695 13887

## Qualifications:

Degree	Institution	Year	Rank
S.S.C.	St. Canossa Convent,	1980	First Class
	Dhule.		
12 <sup>th</sup> Std.	Vidyavardhini College ,	1982	First Class
	Dhule.		First.
B. Com.	,, ,,	1985	First class
			first
M.Com.	22 22	1987	First class
			second

Working as a Volunteer on a project, SAGE (Successful Aging) at Institute for Psychological Health (IPH), a community mental health initiative.

Working as Staff co-ordinator at Institute for Psychological Health (IPH) since 2009.

Has been a member of IEC since 2009